

**Research and Insight
Manager
(Durham & Sunderland)**

RISE.

RECRUITMENT PACK

ABOUT US

Thank you for taking an interest in joining our team here at Rise.

We're a leading health and wellbeing charity – and we're passionate about the role that physical activity can play in making a positive difference to the communities that need it most.

Our team of friendly experts works closely with regional partners across health, education, transport and more – to show how physical activity can tackle inequalities and help solve some of the biggest issues affecting our communities.

Rise plays a key role in:

- Providing access to employment and training
- Improving mental health
- Enhancing child development and education
- Creating healthy and sustainable places in which to live and work
- Integrating activity for health improvement, prevention and condition management
- Supporting the health and wellbeing of the workforce

We also advocate for policy change, share best practice, and provide insight, guidance and support.

Our population in the North East of England lives with significant health, social, economic and environmental inequalities.

And we know that physically inactive populations are often the most marginalised – and most likely to be adversely affected by inequalities.

Download our 10-year strategy, Rise Together.

RISE.



RISE.

**WE TRANSFORM
LIVES, COMMUNITIES AND
PLACES THROUGH THE
POWER OF MOVEMENT.**

OUR VISION.

Our communities
enjoy a better
quality of life
through active
wellbeing.

OUR MISSION.

To transform lives,
communities and
places through the
power of movement.

OUR VALUES.

Our values are the foundation of how we act individually and collectively as the Rise team. We will:

CATALYSE CHANGE

We believe that change is possible and we're ready to lead the exploration.

POSITIVELY DISRUPT

To challenge the norm and cause radical change through innovation and learning.

COLLABORATE

Together we are greater than the sum of our parts. People make the change.

THE ROLE

RESEARCH & INSIGHT MANAGER (DURHAM & SUNDERLAND)

£30,126 - £34,760 per annum (1.0 FTE)
INITIALLY FIXED TERM UNTIL 31ST MARCH 2027

SUBJECT TO FUTURE FUNDING THE ROLE COULD BE EXTENDED

Applicants will be interested to know that Rise is currently operating a 4-day working week, with full time employees gifted one day off per week (Fridays), but still paid a full-time salary. This reduces the working hours from 37.5 to 30 per week, but is not a contractual entitlement. Trials have shown that a 4-day working week can reduce stress and burnout as well as levels of anxiety, fatigue and sleep issues, but productivity levels are elevated.

We'd like to see you once a week in either of our offices in North Tyneside or County Durham but can be flexible in busy delivery periods.

R.

THE ROLE

We are currently seeking an experienced, passionate and motivated individual to join us as Research and Insight Manager for Durham & Sunderland.

Reporting to the Strategic Lead for Research and Insight, the successful candidate will have an important role in supporting Rise's Place Based work.

You will ideally have a minimum of 3 years; experience (independent of research undertaken as part of gaining a qualification) of managing research projects. In collaboration with Place colleagues at Rise, partner agencies, networks and communities, you will work to develop and deliver a range of quantitative and qualitative research, insight, monitoring, evaluation, analysis and reflection activities.

The outcomes of which will help to measure the impact of the charity's work, inform future funding applications and influence decision making.

As part of this work, you will undertake detailed report writing, create and deliver presentations and may be required to organise and facilitate workshops and events to key partners with support from colleagues.

If you have applied for this role within the last 6 months, there's no need to reapply, we warmly encourage new applicants to consider this opportunity.

TERMS AND CONDITIONS

Salary: £30,126- £34,760 (per annum FTE)

Hours: 37.5 hours (30 hours during a 4-day working week)

Probationary Period: 6 months

Annual Leave: 28 days plus public holidays (please note that whilst a 4-day working week is in operation, this is reduced by 20%)

Contributory Pension Scheme: Rise offers a Defined Contribution Pension Scheme to our staff. Employee contributions are from 2%, and Rise contributes 6%.

HOW TO APPLY

All applications must be submitted to recruitment@risenortheast.co.uk using the application form which is available by clicking the link below. Please note CVs will not be accepted.

For an informal discussion about the role, please contact:

- Paul Biddle (Strategic Lead for Research & Insight) via email on paul.biddle@risenortheast.co.uk

Closing date for applications: Sunday 22nd March 2026

Anticipated interview date: Monday 13th April 2026 (week commencing)

Please note dates may be subject to change depending on availability.

This advert may close early once sufficient applications have been received.



EMPLOYEE BENEFITS



28 days holiday (FTE), plus Bank Holidays, (please note that whilst a 4-day working week is in operation, this is reduced by 20%)



Company sick pay (full pay for varying periods of time, depending on length of service)



Group personal pension: employer contribution of 6%



Group life assurance: three times salary (subject to insurance underwriting terms)



Flexible working, including working from home



Internal and external learning and development support



Access to a 24/7 employee assistance programme



Free eye tests and a contribution when glasses are required



Cycle to work scheme: saving on purchases of bikes and bike equipment through monthly salary sacrifice payments



Access to the Benefit Hub: Enjoy discounts, rewards and perks on thousands of the brands you love in a variety of categories



Rise is currently operating a 4-day working week with full time employees gifted one day off (Fridays), but still paid a full time salary. This reduces working hours from 37 to 30 per week.

EQUALITY, DIVERSITY AND INCLUSION

We recognise that we live in a diverse society and that some groups of people do not have equal access to sport and physical activity, and this is something we are committed to challenging and addressing.

We want to tackle the inequalities that exist, promoting and enabling equal access to sport and physical activity and supporting under-represented individuals, groups and communities be able to take part, and to feel comfortable doing so in whatever activity they choose.

We will focus on encouraging and advocating for policies and practices that promote equality, diversity and inclusion at all levels in sport and physical activity, including ensuring that it is embedded in projects and programmes that we support and fund.

We will also encourage our partner organisations and other providers that we work with to adopt and demonstrate their commitment to the principles and practices of equality, diversity and inclusion.

We are fully committed to supporting the principle and practice of equality of opportunity, treating everyone according to their needs, and being as diverse and inclusive as we possibly can be.

*...read our
EDI policy*



RISE.

 Royal Quays Business Centre | Coble Dene | Royal Quays | North Shields | Tyne & Wear | NE29 6DE

 risenortheast.co.uk  07973 786 310  info@risenortheast.co.uk     RiseCharityNE