

**REGISTERED COMPANY NUMBER: 07176549 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1135223**

**REPORT OF THE TRUSTEES AND**  
**AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**  
**FOR**  
**RISE NORTH EAST**

BK Plus Audit Limited  
Chartered Certified Accountants  
and Statutory Auditors  
13 Windsor Terrace  
Jesmond  
Newcastle upon Tyne  
NE2 4HE



## **RISE NORTH EAST**

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## **RISE NORTH EAST**

### **REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2025**

**Registered Company number**

07176549 (England and Wales)

**Registered Charity number**

1135223

**Registered Office**

Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

**Trustees**

M Cormack

K E Storie

N Erevik

G R Nash

D Henderson

S Gordon

A Pilkington

S Bell

A Puri

J Cairns

K Pearce

K Spencer (appointed 1 April 2025)

S Campbell (appointed 1 April 2025)

**Key Management Personnel**

Clare Morley, CEO

David Marrin, Chief Operating Officer

Adam Brougham, Strategic Director

Helen Selfridge, Director of Commercial, Marketing & Communications

**Bankers**

Barclays Bank PLC, 53 Fawcett Street, Sunderland, SR1 1RS

The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

Nationwide Building Society, Nationwide House, Pipers Way, Swindon, SN38 1NW

Virgin Money, 83 George Street, Edinburgh, EH2 3ES

National Westminster Bank Plc, 250 Bishopsgate, London, EC2M 4AA.

**Auditor**

BK Plus Audit Limited, 13 Windsor Terrace, Jesmond, Newcastle upon Tyne, NE2 4HE



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objects and Aims**

The charity has the following objectives:

- 1 To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
- 2 To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
- 3 To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
- 4 To advance the education of the public, particularly, but not exclusively, those working with children or vulnerable adults, their carers and families, and children, young people and vulnerable adults themselves, in child and vulnerable adults protection; and
- 5 To advance such other charitable purposes beneficial to the community and consistent with the objects set out above.

##### **Objectives, Strategies and Activities**

Rise is one of 42 Active Partnerships across England. We are primarily funded and supported by Sport England and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities - health, social, economic and environmental - that have stubbornly existed across our region for many years.

##### **Fundraising Disclosures**

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follow all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact details of all public donors.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **OBJECTIVES AND ACTIVITIES - continued**

##### **Public Benefit**

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England & Wales.

#### **ACHIEVEMENTS AND PERFORMANCE**

##### **STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP**

Our ambition: physical activity has a prominent and sustained place at the strategic table across the systems of our region.

Our impact:

##### **Empowering our future healthcare professionals**

Evidence suggests that 1 in 4 people would be more active if advised by a healthcare professional. This would reduce the number of inactive adults in England by 2.9 million which would provide vast personal health benefits, reduce the strain on the NHS and boost the economy.

We've been working for years to integrate physical activity into healthcare, and more recently we've concentrated our efforts upstream to support the future workforce. In partnership with Newcastle University's Faculty of Medicine and the physical activity clinical champions (PAC) universal offer trainers, we've evolved our training and development for medical students, empowering them to better understand and advocate for physical activity.

We've improved shared knowledge and understanding and provided first-hand experience of physical activity prescription in situ by giving students PACC training embedded within their first semester, plus access to activity clinic shadowing opportunities, enabled by partnerships with primary care.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

360 students undertook training this year:

- 95% improved their knowledge and understanding of the benefits of physical activity for patient health;
- 92% agreed that the training would allow them to better undertake a future health role more effectively;
- 92% felt that promoting physical activity would be more of a priority following the training.

Access to 29 activity clinics were offered to medical students, with 172 bookings made:

- 100% agreed that attending the shadowing session complemented PACC training learning outcomes;
- 92% were interested in further shadowing opportunities.

"It was really useful to see the theory that we learnt in the training put in place in real life people, and the benefit to them." Medical student

"It aided my knowledge of how doctors can encourage patients [to] include movement into their lives." Medical student

"This project has really given the students that insight into what challenges their patients face in a community setting. I think understanding that community focus is really at the heart of what any medical student really needs to know because ultimately they'll be applying that understanding in their daily practice." Dr Scott Walker, Newcastle University

#### **Developing proactive social prescribing solutions**

As well as this focus on the future, we're working here and now to reduce the strain on the NHS.

With physical activity already recommended in 98 NICE guidelines, the NHS is advocating for movement to be integrated into system-wide care. This year, in collaboration with primary care colleagues, we've successfully embedded a sustainable, activity-based, proactive solution into their practice. Our new Activity and Wellbeing Coach sits within the multi-disciplinary team, allowing practices to offer a wider, more tailored programme of group-based support than traditional social prescribing provides, enabling patients to live healthier, longer and more independent lives.

274 patients, living with various health conditions, are actively engaged in programmes championed by staff from Birtley, Oxford Terrace and Rawling Road Primary Care Network. Across frailty, weight management, MSK and women's health cohorts:

- 93% achieved their primary health goal;
- 95% of patients reported improved health;
- 74% have increased physical activity outside of supported sessions;
- 99% would advocate for their programmes to friends and family.

The impact of this innovative work has been highlighted in an evaluation by our academic partner NIHR NENC ARC. Findings suggest that this collaborative approach is a valuable system asset, enhancing the delivery of proactive personalised care, improving health outcomes and providing the potential to reduce healthcare use.

Our work has helped to strengthen individual behaviours that influence longer term change. Of a 75 person sample:

- 98% agreed that participating improved their confidence in being active;
- 97% agreed that participating encouraged them to be more active than before;
- 92% remained active 12 months after finishing the programme.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

The unique difference in this approach is that it allows primary care teams to proactively identify their patients from healthcare records and directly engage with them using existing health tech services. Working in this way has allowed our health partners to strengthen patient support based on hyper-local need and better tackle health inequalities.

#### **Place-based working**

All communities face different problems, which need bespoke solutions. We work directly with communities and local partners to understand and address these specific issues across all our place-based working from Berwick to South Tyneside to Gateshead and Newcastle.

In September 2024, on behalf of a consortium of partners, we secured Sport England place-based expansion development award funding. The focus of the development award is to gain a deeper understanding of the barriers that people in Gateshead and South Tyneside face to becoming more physically active. Here are some of the ways we've been working in the first six months:

- Developing a multi-agency Place Partnership Steering Group in each local authority area, including partners from the local authority, health, VCSE sector and Violence Reduction Unit;
- Strengthening relationships with place partners and helping to deepen their understanding of whole systems and place-based approaches;
- Developing collaborative relationships with other organisations working to address barriers to physical activity beyond Gateshead and South Tyneside at local and regional levels;
- Beginning the process of asset mapping in Gateshead and South Tyneside;
- Facilitating two System Leadership Programmes for partners and stakeholder identified as leaders in their respective local authority areas;
- Recruiting roles to gather insights on the barriers to physical activity faced by residents to ensure that evaluation and learning is at the forefront of this work.

#### **Health, Wellbeing and Learning in the Early Years conference**

We hosted our third annual early years conference for professionals from across the North East to gain professional development, share, learn and network. Over 100 participants experienced fantastic speeches and workshops. Huge thanks to our headline sponsors The Education Network and The North East Combined Authority, and our associate sponsors The Alnwick Garden and Lilidorei and Ability Consultants.

"Each workshop has been inspiring and will inform my practice."

"It has really opened my mind more professionally and personally."

"Best conference ever. Imaginative, interesting, Ben is brill, great motivational speaker."



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

##### **Participation in boards and networks**

- We attend the Housing and Developer Fund for Sport and Play panel for Northumberland Council, providing upgrades to facilities, play areas and equipment to increase the opportunities for participation across the county.
- We're a member of the Active Partnership Network's Community of Practice for Active Environments steering group. We've worked to advocate for integrating Sport England's Active Design Principles into local planning policies and practice and promoted child-friendly planning and design and youth engagement in planning, regeneration and neighbourhood management.
- We've been actively involved in the panels for Playing Pitch Strategies and Local Football Facility Plans.
- Throughout the year, we continued our support to Newcastle City Council's Public Health team as they continued their Sport England-funded Core Cities programme, focussing on active travel, supporting girls to move more, physical activity within drug and alcohol treatment programmes, workplace wellbeing and a whole system approach to physical activity for the city.

##### **BUILDING BACK FAIRER**

Our ambition: using physical activity to support communities to move through, and past, the Covid-19 pandemic and emerge stronger and more resilient.

Our impact:

##### **Improving health wellbeing and learning in the early years**

In England, only 9% of 2-4 year olds and less than half of 5-18 year olds achieve the Chief Medical Officers' physical activity guidelines. This has a direct impact on their school readiness, academic and health outcomes in childhood, adolescence and beyond.

We're working to address this by delivering targeted programmes to break down barriers for children, young people, families and practitioners and reduce inequalities for our most underserved communities.

- Ready to Play: following the huge success of and demand for our early years bursary, we developed the Ready to Play project, supporting staff through training, offering equipment and resources for staff and parents. The project tackled wider health and social outcomes such as school readiness, social and communication development, but increasing sustainable physical activity and wellbeing was the focus through active play. Over 150 organisations applied to take part, so with funding and spaces limited, we were able to train 34 practitioners and indirectly reach 14,360 children across Northumberland and Tyne & Wear, significantly higher than the aim of 1,000 children.
- Our Bodies Are Made To Move animation: following requests, we developed an animation and workshop to quickly and effectively communicate the benefits of physical activity for children and young people and the guidelines supporting this.
- Physical literacy: Sunderland City Council's Public Health team approached us to upskill their early years practitioners with physical literacy training to improve knowledge and confidence. We worked in collaboration with them and Together for Children to provide our Active Start training and resources for 56 professionals working in the early years sector, who reach over 2,500 children.
- Through UKSPF and NECA funding, we fully launched Step Outdoors to use the power of nature-based outdoor play to boost children's learning and wellbeing, supporting school readiness, parent/carers and staff confidence, and support community connection.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: BUILDING BACK FAIRER - continued**

"I have been incredibly fortunate to work with Rise recently. Their enthusiasm and genuine passion for improving outcomes for children shines through everything they do and their commitment to making sure disadvantaged children have the best possible outcomes is inspiring. As a trainer and keynote speaker it is extremely rewarding to work with an agency whose ethos aligns so strongly with my own. It also helps that they are always so welcoming and supportive when I visit!" Ben Kingston-Huges (Award winning trainer)

#### **Women's Wellbeing in South Tyneside**

We launched a new holistic employability support service in collaboration with Women's Health in South Tyneside (WHiST) and South Tyneside Council, thanks to UKSPF funding that aimed to improve pride in place and increase life chances across the UK by investing in communities, supporting local business, people and skills.

The project supported women by providing a personalised, person-centred approach. Service users received one-to-one support to identify barriers preventing them from considering employment and worked collaboratively with a key worker to develop individualised plans to overcome those challenges. Sessions focused on improving physical and mental well-being, raising confidence and self-esteem, communication and life skills. In addition to delivering engagement activities, the funding also supported WHiST to reopen the crèche which helped to remove childcare barriers.

To ensure the service reached those who would benefit most, our key worker was based in WHiST, an established locally trusted organisation, and launched a range of referral pathways from partners such as probation, Impact Family Services, South Tyneside Adult Recovery Service and the local VCSE sector.

Throughout the 12 month project:

- 23 economically inactive women have engaged with key worker support services;
- 279 individuals engaged in life skills opportunities;
- 172 individuals engaged in education/lifelong learning opportunities.

Of those women engaged in wellbeing activities:

- 77% reported reduced anxiety and depression;
- 70% reported improved health and fitness;
- 70% reported improved self esteem;
- 77% reported improved confidence;
- 64% reported reduced social isolation.

"I'm now less isolated, more focused and positive, have made friendships and have a reason to come out of the house."

"Helped [me] get fitter and find time for exercise around having young children. Good for confidence."



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE - continued**

##### **COMMUNITY BUILDING**

Our ambition: ensuring physical activity supports communities' ability to develop, integrate and thrive.

Our impact:

##### **Opening School Facilities (OSF) Fund**

The final year of the Opening School Facilities (OSF) programme marked the most impactful phase of our three-year delivery, supporting a further 19 schools, bringing the total to 87 and exceeding our original programme target. This year, we particularly focused on recruiting SEND schools, including alternative provision, and culturally diverse communities, helping ensure the programme reached those most in need of additional support.

A further £1,025,031 was distributed in this final year, a record for us which contributed to our total funding distribution of £2,620,860 across the full programme. This funding enabled schools to open their facilities and deliver targeted inclusive, needs-led physical activity opportunities designed to meet the needs of children, young people and families.

Throughout the year, schools delivered 6,801 extra-curricular sessions, resulting in over 123,000 places taken up by children and young people, the highest participation across all three years, bringing our overall participation total to 176,304.

Our Breaking Down Barriers scheme continued in Year 3, supporting more OSF users to access essential items such as footwear, swimwear, coats, and sports kit to participate in sessions, reducing cost and stigma. An additional 15 schools (bringing the overall total to 34) accessed up to £500 worth of Decathlon vouchers, supporting over 800 children and young people.

"Being in the worst percentile of deprivation in the country, funding like this is sometimes the only way some of our students can keep up with the demands of social groups, allowing them to participate in sports." OSF-funded school

The year culminated in a vibrant Impact Celebration Conference in March 2025, with thanks to sponsorship from the North East Combined Authority, The Education Network and Enrich Education.

"OSF funding has provided our school with renewed ambition to improve our pupils lives through physical activity on their bikes. Many non-riders are now able to ride, and families are also taking opportunities to ride during the weekends or after school." (Denbigh Community Primary School)

"We would like to sincerely thank the OSF programme/Rise for enabling our school to facilitate a wide variety of inclusive daily sessions for children with complex learning difficulties and disabilities at lunchtimes and after the school day over the past three years. Their support is greatly appreciated and has enabled many children with special educational needs and disabilities to engage with physical activity during extra-curricular sessions. Thank you." (Cleaswell Hill School)



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued**

##### **This Girl Can**

Women need to have access to opportunities to be physically active in ways that work for them. We developed This Girl Can Newcastle (TGCN) with Newcastle City Council focusing on three underserved groups, to understand the barriers to being physically active:

- Pregnant women and women who have children under one;
- Women aged 55+;
- Women in ethnically diverse communities.

There are two main aims:

- To create a network of VCSE organisations and volunteers who can own and empower appropriate and accessible physical activity opportunities for women and girls across Newcastle;
- To upskill professionals within services relevant to women and girls in the city (for example, family hubs and leisure operators) to be advocates for physical activity through their interactions with women and girls and how they practically support more women and girls to use their community assets and services;

To ensure we create a strong, effective and enduring network to tackle physical inactivity in women and girls, our coordinator has been working with colleagues in the local authority and, leisure, health, VCSE and education sectors to:

- Develop a Theory of Change Model;
- Gather further insight into the barriers to physical activity experienced by women and girls;
- Deliver Physical Activity Clinical Champions (PACC) training to social prescribers, leisure staff and the VCSE sector;
- Facilitate collaboration between organisations working with women and girls;
- Undertake Ripple Effect Mapping (REM) to capture the collaboration happening across the women and girls network.

##### **Multi-Sports and PlayZones project**

Multi-Sport and PlayZones engage with local communities across the country to create outstanding sports and activity spaces and tackle inequalities in participation. There are 15 PlayZones built or planned for our area and we also give advice and guidance in Teesside and Cumbria.

We're implementing and coordinating a test and learn scheme for the activation of Multi-Sports sites, with seven pilot projects across a broad range of Football Foundation and Lawn Tennis Association facilities and communities.

As a leader, advocate and catalyst:

- We give guidance in planning, community engagement and delivery oversight;
- We've co-ordinated the convening of regional PlayZone leads to align strategy, share insight, and strengthen consistency across implementation;
- We regularly contribute to the national group, updating progress reports to inform the national monitoring, evaluation and learning, and represent local issues and concerns.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued**

##### **Health and wellbeing in the natural environment**

Access to nature can improve health and wellbeing and we've developed our relationships to support the green social prescribing agenda in nature, including attending workshops with the Wildlife Trust and Natural England in Ashington and Houghton-Le-Spring.

In addition, we attended a greener health and wellbeing network event at Elemore County Park hosted by Natural England and the Wildlife Trust, and a wellbeing and the environment event organised by Connected Voice.

##### **TACKLING OUR CLIMATE CRISIS**

Our ambition: physical activity supporting the drive to reduce the rate of global warming and limit climate change.

Our impact:

##### **Environmental sustainability**

As an organisation we have a commitment to make a difference through sustainability and health, setting an example for and supporting organisations and partners on their environmental sustainability journey. We've pledged to half our carbon emissions by 2030 and to help achieve this target, we enrolled in Investors in the Environment Accreditation and in November 2024 we achieved a green award, which is the highest level of accreditation.

We've focused on sustainable travel and participation in national campaigns such as World Environment Day and Plastic Free July. In August 2024 to coincide with the Paris Olympics our staff cycled 584 miles, representing the distance from our North Shields office to the Olympic Velodrome in Paris. The challenge promoted active travel, a key component of our sustainability plan, whilst fostering team engagement and reducing our carbon footprint.

##### **Active travel**

Active travel means making journeys in physically active ways such as walking, wheeling, cycling or scootering with the aim of making active travel the natural choice for short journeys. Here are some of the ways we're making this a reality:

- We're part of the Newcastle Sustainable Schools working group, which has been formed to evaluate all the options and interventions for active travel to schools across the city with an aim to provide a more comprehensive and co-ordinated offer;
- We contribute to the Active Travel forum which meets regularly to discuss more general active travel options across Newcastle;
- We attend the Northumberland Cycling, Walking and Wheeling Board and advocate for active travel opportunities;
- We attended a Transport Needs Assessment session organised by South Tyneside Council to consider what is already available and what could be done to improve transport options for all residents within the borough.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: TACKLING OUR CLIMATE CRISIS - continued**

Active travel needs to be inclusive and open to everyone. That's why we've continued to raise the awareness of inclusive cycling needs and inclusive active travel opportunities across the region. We've been working with a network of organisations including Sustrans, Wheels for All, Activity Alliance and North Tyneside Council to support inclusive cycling, including along the major new North Tyneside coastal route where there are plans to look for a suitable hub location. We've also worked with partners in Gateshead and Northumberland on this important agenda.

#### **HEALTHY MINDS FOR HEALTHY LIVES**

Our ambition: the role of physical activity in supporting mental wellbeing, as well as physical wellbeing.

Our impact:

##### **Supporting men's mental health in Berwick upon Tweed**

Many men in the town face challenges including unemployment, poor health, isolation and poverty. In the last year, our Key Worker supported 28 young men aged (16-30) through their own unique situation, treating each as a person.

- 78% reported improved mental and emotional wellbeing;
- 91% demonstrated reduced risk to violence and anti-social behaviour;
- 91% understood of consequences of substance misuse;
- 70% self-reported increased feelings of safety;
- 87% of families reported less concerns for the individuals since engaging with the programme;
- 57% increased engagement in physical activity.

We employed a Community Development Worker to develop greater opportunities for young people to be more physically active, improve their social opportunities and tackle inequalities. She undertook a consultation with young people living in Berwick that engaged around 350 people to find out directly from them what they need.

Aiming to support participants into paid work, she has facilitated initiatives that can improve skills, confidence, physical activity levels, reduce isolation and provide social opportunities such as employability and wellness courses. To support life skills of young people, she has launched an orienteering challenge, alongside supporting local organisations to start junior darts and musical theatre opportunities.

##### **Safeguarding and sport welfare**

We're committed to ensuring that children, young people and adults at risk can take part in physical activity and sport in a safe environment. To reinforce this, we joined the International Safeguards for Children in Sport initiative.

Our sport welfare officers are part of a network funded by Sport England and the National Lottery that support sports clubs and organisations to create safer, more inclusive and welcoming spaces. They collaborate with a wide range of experts and support club welfare and safeguarding officers and volunteers, providing them with training, often focusing on inclusive club development, adopting high safeguarding standards and sharing best practice tips.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: HEALTHY MINDS FOR HEALTHY LIVES - continued**

For Keeping Your Child Safe in Sport Week in October we ran a workshop for parents and carers about working together with clubs, and linked with YGam to offer a session on raising awareness of e-gaming and gambling harm in young people. For Safeguarding Adults Week in November, we worked with partners to organise free workshops on drug and alcohol harm, and preventing radicalisation. In March we ran an event focusing on inclusion in sport with over 50 attendees from local sports and community clubs and supported by a wide range of partner organisations.

#### **HARNESSING DATA, DIGITAL AND TECHNOLOGY**

Our ambition: ensuring technological developments are utilised to drive the physical activity agenda forward.

Our impact:

To make sure our work is effective and based on what our communities need, we have a dedicated research and insight team. Working with Rise colleagues and external stakeholders, the team plan and undertake research, insight, monitoring and evaluation to understand needs, support influencing and to identify the impact of investments interventions and partnerships and keep funders updated on our activities and outcomes.

This has included:

- using Social Value Engine software to explore the feasibility of capturing the social value created by specific activities and interventions we deliver;
- creating a new monitoring, evaluation and learning framework to capture the impact of our work in Berwick, that includes use of The Outcomes Star;
- undertaken evaluation of our work in Berwick, our women's wellbeing project in South Tyneside and our early years Step Outdoors programme.

We've loaned activity trackers to three schools as a limited pilot, which has highlighted groups of children who are most and least active in those schools, helping us to see the impact of PE and playtimes on activity levels and identify times of the day and groups of children that are less active. This has fed into our work with the schools and focused our support.

#### **CELEBRATING THE WORK THAT UNDERPINS OUR IMPACT**

To help us achieve all this amazing work, so many different vital supporting elements are in place that cut across everything that we do. Here are just some of them.

##### **Supporting our people**

As part of our commitment to supporting the wellbeing of our staff and giving them the best chance to thrive, a 4-day working week has now been adopted permanently and embedded.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **ACHIEVEMENTS AND PERFORMANCE: CELEBRATING THE WORK THAT UNDERPINS OUR IMPACT - continued**

##### **Rise Workplace Wellbeing**

We were thrilled to launch our Rise Workplace Wellbeing e-learning programme at the end of last year. Designed to support employees' mental, physical, and emotional health, the programme is already making an impact. We're proud to be working with fantastic organisations, including local authorities, education partners, and the NHS — with all income generated reinvested into our charitable work. We are looking forward to continuing our work in this space with businesses and organisations across the North East.

##### **Equality, diversity and inclusion**

We're committed to equality, diversity and inclusion in all our work. Our goal is to have a workforce that thrives but is also representative of the communities we work with and for - so establishing a sense of belonging for our team and our partners.

##### **Governance**

Good governance keeps us on track and held to account. We are proud to be compliant with Sport England's Code for Sports Governance at Tier 3, the highest level.

##### **Funding**

Thank you to our funders - both new and returning. We're incredibly grateful for your support.

#### **FINANCIAL REVIEW**

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Together Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net expenditure of £8,888, including net income on restricted funds of £81,860 (unrestricted net expenditure amounted to £90,748).



## RISE NORTH EAST

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

#### FINANCIAL REVIEW - continued

##### Policy on Reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. The trustees consider that it would be appropriate to hold the equivalent of 3 months' operational costs (salaries, overheads and some operational delivery) which would equate to holding approximately **£365,000 - £415,000** in free reserves.

The directors have designated **£327,000** (2024: £477,000) of reserves to cover:

- Staff redundancy costs of **£175,000** should these become necessary on a closure of the charity (2024: £142,000);
- **£127,000** ringfenced to cover self-funded roles within the organisation during 2025-26 (2024 deficit budget: £310,000); and
- a contingency budget of **£25,000** (2024: £25,000) for consultancy costs, including legal costs, that would be needed should the charity be required to close in the future.

As at 31 March 2025, undesignated reserves, including those being accumulated to be held towards the equivalent of 3 months' operating costs, were **£335,706 (not including the fixed assets)**. This is a minimum of **£29,294** and a maximum of **£79,294** short of the target of holding **£365,000 - £415,000** for 3 months' operating costs for 2025-2026.

The trustees have prepared a budget and cashflow forecast and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis, they have continued to adopt the going concern basis when preparing the financial statements.

##### Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day-to-day basis. The pay of the KMP is reviewed annually and normally increased annually in line with contributions towards the average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

##### Internal Control and Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October,
- Approval of annual budget in May,
- Regular consideration by trustees of financial results and variations from budget,
- Monitoring of performance against the annual plan,
- Delegation of authority and separation of duties.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **FUTURE PLANS**

Looking forward to 2025-2026 there are significant changes for Rise that will change the way that we operate but are designed to improve our ability to deliver our charitable objects.

Of key strategic significance for 2025-2026 is the transfer of the staff and assets from County Durham Sport into Rise. This grows the geographical coverage of Rise to incorporate all seven of the local authorities that form part of the new North East Combined Authority. Following the transfer, we will need to spend time understanding the new geography and building relationships with new partners and stakeholders. We will also need to review how the charity is structured, and make changes as necessary, in order to ensure that we are delivering in an efficient and effective manner.

During the year, we will also refresh our Rise Together 2021-2031 strategy. The original strategy was heavily influenced by Covid and did not factor in the transfer of a neighbouring active partnership into Rise, meaning that this year is a good time to revisit the strategy and update it where necessary to ensure that it is fit for purpose for the duration of its term. A refreshed strategy will also lead on to an updated Implementation Plan for the remaining duration of our current Sport England system partner funding period (i.e. through to March 2027).

From an operational perspective, the following areas will be significant during the forthcoming year:

- Sport England place-based investment continues to provide significant opportunities to develop place-based working in more parts of our region. We anticipate that a further three local authority areas will become eligible for funding, joining Gateshead and South Tyneside who came on stream in 2024-2025. In addition, those LA areas that do not receive place expansion investment will also become eligible for Sport England's Place Universal Offer during the year.
- Following a first year of operation for the new North East Combined Authority, which provided us with various opportunities to work in schools and early years settings, we anticipate that further opportunities to work with the Combined Authority in the children and young people's space will become live. This will sit alongside opportunities to:
  - support youth voice work in partnership with the North East and North Cumbria Integrated Care Board; and
  - understand the new approach from Government to school sport and physical activity and ensure that this is delivered in a way that supports the needs of inactive children and young people in particular.
- Following the launch of our Workplace Wellbeing offer in late 2024, the promotion and development of this offer will continue in 2025-2026 as a key vehicle through which we seek to diversify our income streams.
- Our offer of support for grassroots sports clubs and organisations will grow during the year, with support for environmental sustainability now offered in addition to our existing safeguarding and welfare support. For groups and sports in certain situations, we will also be able to open up opportunities to apply for revenue funding to activate facilities that have previously received capital funding from the Football Foundation.
- Our commitment to equality, diversity and inclusion continues, with our inaugural DIAP (Diversity & Inclusion Action Plan) from 2024-2025 setting us up well to continue into a new DIAP for the year.
- With significant changes taking place in the health landscape, and with the launch of the NHS Ten Year Plan forecast for this coming year, we will continue to engage with partners and stakeholders to support the integration of physical activity into both prevention and treatment pathways.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Nature of Governing Document**

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3 March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2 November 2021.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

##### **Recruitment and Appointment of Trustees**

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four-year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification.

All trustees, including the Chair are volunteers and so receive no remuneration.

##### **Induction, Training and Evaluation of the Board**

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of the trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

##### **Organisational Structure**

The Board comprises all the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

##### **Compliance with the Sport England / UK Sport Code of Governance**

In December 2021, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with. In the year, Sport England confirmed our compliance with the code.



## **RISE NORTH EAST**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

#### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

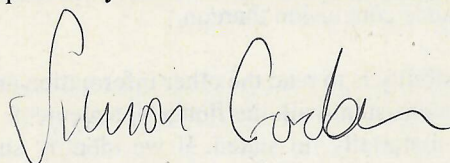
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

#### **AUDITORS**

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of BK Plus Audit Limited as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 11 November 2025 and signed on its behalf by:



S Gordon - Trustee



## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST**

### **Opinion**

We have audited the financial statements of Rise North East (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.



## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST**

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.



## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST**

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies and Charities Acts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

### **Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

..... (Senior Statutory Auditor)  
for and on behalf of BK Plus Audit Limited  
Chartered Certified Accountants  
and Statutory Auditors  
13 Windsor Terrace  
Jesmond  
Newcastle upon Tyne  
NE2 4HE

Date: .....



# RISE NORTH EAST

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	229	394,200	394,429	243,826
<b>Charitable activities</b>	5				
Charitable Activities		-	1,347,606	1,347,606	1,111,980
Other trading activities	3	18,249	3,250	21,499	9,743
Investment income	4	<u>27,770</u>	<u>-</u>	<u>27,770</u>	<u>28,735</u>
<b>Total</b>		<u>46,248</u>	<u>1,745,056</u>	<u>1,791,304</u>	<u>1,394,284</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	6				
Charitable Activities		<u>146,151</u>	<u>1,654,041</u>	<u>1,800,192</u>	<u>1,542,091</u>
<b>NET INCOME/(EXPENDITURE)</b>		(99,903)	91,015	(8,888)	(147,807)
<b>Transfers between funds</b>	18	<u>9,155</u>	<u>(9,155)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		(90,748)	81,860	(8,888)	(147,807)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>771,487</u>	<u>304,361</u>	<u>1,075,848</u>	<u>1,223,655</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>680,739</u>	<u>386,221</u>	<u>1,066,960</u>	<u>1,075,848</u>

The notes form part of these financial statements




**RISE NORTH EAST****BALANCE SHEET  
31 MARCH 2025**

	Notes	2025 £	2024 £
<b>FIXED ASSETS</b>			
Tangible assets	13	18,033	14,892
<b>CURRENT ASSETS</b>			
Debtors	14	112,091	125,335
Cash at bank		<u>1,122,643</u>	<u>1,059,927</u>
		1,234,734	1,185,262
<b>CREDITORS</b>			
Amounts falling due within one year	15	(185,807)	(124,306)
<b>NET CURRENT ASSETS</b>		<u>1,048,927</u>	<u>1,060,956</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		1,066,960	1,075,848
<b>NET ASSETS</b>		<u>1,066,960</u>	<u>1,075,848</u>
<b>FUNDS</b>	18		
Unrestricted funds		680,739	771,487
Restricted funds		<u>386,221</u>	<u>304,361</u>
<b>TOTAL FUNDS</b>		<u>1,066,960</u>	<u>1,075,848</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 November 2025 and were signed on its behalf by:

  
S Gordon - Trustee

The notes form part of these financial statements



# RISE NORTH EAST

## CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	20	<u>44,098</u>	<u>(177,656)</u>
Net cash provided by/(used in) operating activities		<u>44,098</u>	<u>(177,656)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(9,152)	(4,706)
Sale of tangible fixed assets		-	(3)
Interest received		<u>27,770</u>	<u>28,735</u>
Net cash provided by investing activities		<u>18,618</u>	<u>24,026</u>
<b>Change in cash and cash equivalents in the reporting period</b>		62,716	(153,630)
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>1,059,927</u>	<u>1,213,557</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>1,122,643</u></u>	<u><u>1,059,927</u></u>

The notes form part of these financial statements



**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

**Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

**Basis of preparation**

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

**Going concern**

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**Estimation uncertainty and judgements**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

**Income and endowments**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

**Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.



**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

**Deferred income**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting period
- periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

**Other trading activities**

Income from other trading activities is recognised with the delivery of events and services

**Charitable activities**

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

**Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

**Charitable activities**

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

**Tangible fixed assets**

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.



**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

**Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

**Impairment of fixed assets**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

**Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

**Pension costs and other post-retirement obligations**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

**Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.



## RISE NORTH EAST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 1. ACCOUNTING POLICIES - continued

##### Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	229	197
Grants	<u>394,200</u>	<u>243,629</u>
	<u>394,429</u>	<u>243,826</u>

#### 3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Conferences and similar events	13,456	4,891
Other income	<u>8,043</u>	<u>4,852</u>
	<u>21,499</u>	<u>9,743</u>

#### 4. INVESTMENT INCOME

	2025	2024
	£	£
Bank interest receivable	<u>27,770</u>	<u>28,735</u>

#### 5. INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	£	£
Grants	<u>1,347,606</u>	<u>1,111,980</u>
Activity Charitable Activities		



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable Activities	<u>1,790,101</u>	<u>10,091</u>	<u>1,800,192</u>

### 7. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Charitable Activities	<u>6,011</u>	<u>4,080</u>	<u>10,091</u>

### 8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Auditor's remuneration	4,080	3,840
Depreciation - owned assets	5,454	4,827
Deficit on disposal of fixed assets	<u>557</u>	<u>2,097</u>

### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

### 10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	1,019,768	852,395
Social security costs	91,719	80,860
Other pension costs	<u>86,781</u>	<u>75,162</u>
	<u>1,198,268</u>	<u>1,008,417</u>



## RISE NORTH EAST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 10. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2025	2024
Management and administration	10	9
Charitable activities	<u>21</u>	<u>17</u>
	<u>31</u>	<u>26</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the charity's key management personnel amounted to £286,466 (2024 - £267,891).



**RISE NORTH EAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	197	243,629	243,826
<b>Charitable activities</b>			
Charitable Activities	-	1,111,980	1,111,980
Other trading activities	7,866	1,877	9,743
Investment income	28,735	-	28,735
<b>Total</b>	<u>36,798</u>	<u>1,357,486</u>	<u>1,394,284</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable Activities	<u>122,935</u>	<u>1,419,156</u>	<u>1,542,091</u>
<b>NET INCOME/(EXPENDITURE)</b>			
Transfers between funds	(86,137) <u>4,706</u>	(61,670) <u>(4,706)</u>	(147,807) <u>-</u>
<b>Net movement in funds</b>	(81,431)	(66,376)	(147,807)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>771,487</u>	<u>304,361</u>	<u>1,075,848</u>



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 12. INCOME RECEIVED FROM PUBLIC INVESTORS

	Sport England £	Other Grants £	Total £
<b>Income</b>	<u>1,347,606</u>	<u>395,550</u>	<u>1,743,156</u>
	<u>1,347,606</u>	<u>395,550</u>	<u>1,743,156</u>
<b>Expenditure</b>			
Staff costs (including on costs)	891,814	219,491	1,111,305
Equipment hire/purchase	7,097	16,886	23,983
Hire of facilities	10,313	17,710	28,023
Promotion/publicity/insight	28,747	24,802	53,549
Coaches/tutor fees/expenses	24,571	21,445	46,016
Transport/travel costs	12,240	3,108	15,348
Training	11,242	378	11,620
Other: office related costs, phone and ICT	93,654	8,043	101,697
Other: professional fees	28,355	264	28,619
Other: grants to local organisations	67,452	110,349	177,801
Other: refreshments/misc	23,433	482	23,915
Other: other operational costs including programme delivery	6,039	1,770	7,809
Other: management fee	-	25,008	25,008
	<u>1,204,957</u>	<u>449,736</u>	<u>1,654,693</u>



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 13. TANGIBLE FIXED ASSETS

	Furniture and equipment £
<b>COST</b>	
At 1 April 2024	53,984
Additions	9,152
Disposals	(10,201)
At 31 March 2025	<u>52,935</u>
<b>DEPRECIATION</b>	
At 1 April 2024	39,092
Charge for year	5,454
Eliminated on disposal	(9,644)
At 31 March 2025	<u>34,902</u>
<b>NET BOOK VALUE</b>	
At 31 March 2025	<u>18,033</u>
At 31 March 2024	<u>14,892</u>

### 14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	23,381	40,991
Accrued income	55,079	41,576
Prepaid expenses	<u>33,631</u>	<u>42,768</u>
	<u>112,091</u>	<u>125,335</u>



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	66,362	68,313
Social security and other taxes	24,167	-
VAT	5,252	2,754
Other creditors	1,957	-
Deferred income	81,500	45,701
Accrued expenses	<u>6,569</u>	<u>7,538</u>
	<u>185,807</u>	<u>124,306</u>
		£
Deferred income at 1 April 2024		99,700
Released to incoming resources		(99,700)
Amount deferred in year		<u>45,701</u>
Deferred income at 31 March 2025		<u>45,701</u>

### 16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	<u>7,680</u>	<u>7,680</u>

### 17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	18,033	-	18,033	14,892
Current assets	767,013	467,721	1,234,734	1,185,262
Current liabilities	<u>(104,307)</u>	<u>(81,500)</u>	<u>(185,807)</u>	<u>(124,306)</u>
	<u>680,739</u>	<u>386,221</u>	<u>1,066,960</u>	<u>1,075,848</u>



**RISE NORTH EAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**18. MOVEMENT IN FUNDS**

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
<b>Unrestricted funds</b>				
General fund	294,487	(99,903)	159,155	353,739
Self-funded roles and budget deficits	310,000	-	(183,000)	127,000
Redundancy Fund	142,000	-	33,000	175,000
Contingency	25,000	-	-	25,000
	771,487	(99,903)	9,155	680,739
<b>Restricted funds</b>				
SE Systemic Role	163,301	(66,646)	(6,509)	90,146
SE Delivery Role	-	2,646	(2,646)	-
Access to Schools	8,003	(8,003)	-	-
Royal Foundation - Coach Core	(150)	150	-	-
Disability Tennis Network	10,248	(10,248)	-	-
Together Fund	-	1,400	-	1,400
NHS - CNTW	36,416	(36,416)	-	-
Police and Crime Commissioner - Phase 2	4,110	(4,110)	-	-
SE Multi-Sports Playzone Project	12,172	795	-	12,967
Awards for All - Berwick	10,000	(10,000)	-	-
Sunderland CC Active Start	940	(940)	-	-
Safeguarding Project - National Network	34,825	17,746	-	52,571
Community Foundation - South Shields	6,391	(6,391)	-	-
Community Foundation - Berwick Dev Worker	7,738	(7,738)	-	-
Community Foundation - Waiting Well (3 LAs)	-	4,272	-	4,272
Health Integration / Social Prescribing Extension	10,367	(10,367)	-	-
Multi Sport Activation Fund	-	50,640	-	50,640
Bernicia - Berwick Dev Worker	-	1,294	-	1,294
LNER	-	1,200	-	1,200
This Girl Can Newcastle	-	10,681	-	10,681
NECA NoT Poverty Reduction	-	14,741	-	14,741
Place Based - Gateshead	-	59,235	-	59,235
Place Based - South Tyneside	-	87,074	-	87,074
	304,361	91,015	(9,155)	386,221
<b>TOTAL FUNDS</b>	<u>1,075,848</u>	<u>(8,888)</u>	<u>-</u>	<u>1,066,960</u>



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	46,248	(146,151)	(99,903)
<b>Restricted funds</b>			
SE Systemic Role	793,475	(860,121)	(66,646)
SE Delivery Role	105,000	(102,354)	2,646
Access to Schools	76,661	(84,664)	(8,003)
County Durham Sport - Infrastructure & Environment	17,621	(17,621)	-
Royal Foundation - Coach Core	29,600	(29,450)	150
Disability Tennis Network	-	(10,248)	(10,248)
Health Integration	500	(500)	-
Together Fund	1,400	-	1,400
NHS - CNTW	-	(36,416)	(36,416)
Police and Crime Commissioner - Phase 2	28,000	(32,110)	(4,110)
SE Multi-Sports Playzone Project	20,209	(19,414)	795
PE & School Sport Alliance	1,350	(1,350)	-
Awards for All - Berwick	-	(10,000)	(10,000)
Sir James Knott - Berwick Post	5,000	(5,000)	-
Sunderland CC Active Start	-	(940)	(940)
Safeguarding Project - National Network	109,849	(92,103)	17,746
Community Foundation - South Shields	-	(6,391)	(6,391)
Community Foundation - Berwick Dev Worker	-	(7,738)	(7,738)
Community Foundation - Waiting Well (3 LAs)	13,672	(9,400)	4,272
RW Mann - Step Outdoors NoT	1,000	(1,000)	-
Health Integration / Social Prescribing Extension	5,314	(15,681)	(10,367)
Path 2 Paris	11,500	(11,500)	-
UKSPF - South Tyneside	126,619	(126,619)	-
Multi Sport Activation Fund	77,000	(26,360)	50,640
Hadrian Trust - Berwick Dev Worker	1,500	(1,500)	-
Alpkit Foundation - Step Outdoors	200	(200)	-
Hospital of God - Berwick Dev Worker	2,320	(2,320)	-
NENC Core20 - Early Years	9,943	(9,943)	-
Bernicia - Berwick Dev Worker	9,386	(8,092)	1,294
LNER	14,461	(13,261)	1,200
This Girl Can Newcastle	45,374	(34,693)	10,681
North Tyneside VODA - UKSPF CYP	9,967	(9,967)	-
NECA NoT Poverty Reduction	36,750	(22,009)	14,741
Place Based - Gateshead	80,693	(21,458)	59,235
Place Based - South Tyneside	110,692	(23,618)	87,074
	<u>1,745,056</u>	<u>(1,654,041)</u>	<u>91,015</u>
<b>TOTAL FUNDS</b>	<u>1,791,304</u>	<u>(1,800,192)</u>	<u>(8,888)</u>



**RISE NORTH EAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**18. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
<b>Unrestricted funds</b>				
General fund	360,918	(86,137)	19,706	294,487
Self-funded roles and budget deficits	244,000	-	66,000	310,000
Redundancy Fund	143,000	-	(1,000)	142,000
Contingency	<u>105,000</u>	<u>-</u>	<u>(80,000)</u>	<u>25,000</u>
	852,918	(86,137)	4,706	771,487
<b>Restricted funds</b>				
SE Systemic Role	185,452	(17,445)	(4,706)	163,301
Access to Schools	20,648	(12,645)	-	8,003
Royal Foundation - Coach Core	1,065	(1,215)	-	(150)
NLD PA Strategy - Thriving Together	1,200	(1,200)	-	-
Disability Tennis Network	11,273	(1,025)	-	10,248
MIND	1,633	(1,633)	-	-
Thriving Communities	9,609	(9,609)	-	-
Together Fund	5,474	(5,474)	-	-
NHS - CNTW	111,787	(75,371)	-	36,416
Police and Crime Commissioner – Phase 2	759	3,351	-	4,110
UK Youth Project	3,000	(3,000)	-	-
ICS Child Health Inequalities Fund	2,402	(2,402)	-	-
SE Multi-Sports Playzone Project	10,162	2,010	-	12,172
VONNE - Going Green	2,000	(2,000)	-	-
PE & School Sport Alliance	1,009	(1,009)	-	-
ICS Healthier Together	3,264	(3,264)	-	-
Awards for All - Berwick	-	10,000	-	10,000
Sunderland CC Active Start	-	940	-	940
Safeguarding Project - National Network	-	34,825	-	34,825
Community Foundation - South Shields	-	6,391	-	6,391
Community Foundation - Berwick Dev Worker	-	7,738	-	7,738
Health Integration / Social Prescribing	<u>-</u>	<u>10,367</u>	<u>-</u>	<u>10,367</u>
	<u>370,737</u>	<u>(61,670)</u>	<u>(4,706)</u>	<u>304,361</u>
<b>TOTAL FUNDS</b>	<u><u>1,223,655</u></u>	<u><u>(147,807)</u></u>	<u><u>-</u></u>	<u><u>1,075,848</u></u>



# RISE NORTH EAST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	36,798	(122,935)	(86,137)
<b>Restricted funds</b>			
SE Systemic Role	794,552	(811,997)	(17,445)
SE Delivery Role	105,000	(105,000)	-
Access to Schools	76,661	(89,306)	(12,645)
County Durham Sport - Infrastructure & Environment	17,052	(17,052)	-
Royal Foundation - Coach Core	32,800	(34,015)	(1,215)
NLD PA Strategy - Thriving Together	300	(1,500)	(1,200)
Disability Tennis Network	-	(1,025)	(1,025)
MIND	3,500	(5,133)	(1,633)
Thriving Communities	23,240	(32,849)	(9,609)
Together Fund	74,950	(80,424)	(5,474)
NHS - CNTW	-	(75,371)	(75,371)
Police and Crime Commissioner - Phase 2	40,550	(37,199)	3,351
Sunderland Uni Graduate Intern	500	(500)	-
UK Youth Project	5,650	(8,650)	(3,000)
ICS Child Health Inequalities Fund	-	(2,402)	(2,402)
Places & Spaces - Crowdfunding	17,943	(17,943)	-
SE Multi-Sports Playzone Project	19,484	(17,474)	2,010
VONNE - Going Green	3,000	(5,000)	(2,000)
PE & School Sport Alliance	-	(1,009)	(1,009)
ICS Healthier Together	-	(3,264)	(3,264)
Awards for All - Berwick	10,000	-	10,000
Northumbria Uni Intern	1,042	(1,042)	-
Sir James Knott - Berwick Post	5,000	(5,000)	-
Sunderland CC Active Start	10,000	(9,060)	940
Safeguarding Project - National Network	44,517	(9,692)	34,825
Bupa Foundation/Groundwork UK	2,496	(2,496)	-
Community Foundation - South Shields	9,901	(3,510)	6,391
Community Foundation - Berwick Dev Worker	9,826	(2,088)	7,738
Health Integration / Social Prescribing Extension	18,929	(8,562)	10,367
UKSPF - South Tyneside	3,399	(3,399)	-
Hospital of God - Berwick Dev Worker	180	(180)	-
Bernicia - Berwick Dev Worker	614	(614)	-
Moving Communities	26,400	(26,400)	-
	<u>1,357,486</u>	<u>(1,419,156)</u>	<u>(61,670)</u>
<b>TOTAL FUNDS</b>	<u>1,394,284</u>	<u>(1,542,091)</u>	<u>(147,807)</u>



**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**18. MOVEMENT IN FUNDS - continued**

The specific purposes for which the funds are to be applied are as follows:

**Sport England - Systemic & Delivery Funding**

This is our core funding, provided by Sport England, which focuses on us influencing local systems to create more opportunities for people to take part in sport and physical activity. It aims to tackle the inequalities that affect people's participation in sport and physical activity whilst supporting the aims and objectives of Sport England's 10-year strategy 'Uniting the Movement'. Our work focuses upon helping local partners to unlock the power of physical activity and collectively affect long-term system change to positively impact more lives across our region, particularly those who need it the most.

**Sport England - Community Football & Multi-Sports Capacity (programme started pre-April 2024)**

This funding is provided by Sport England to help to strengthen the relationship between local and national strategy and delivery, and to connect local resource, intelligence and experience to national programme design. It aims to maximise the impact of the targeted investment into community football, tennis and multi-sport facilities, ensuring that they are delivered in the communities that need it the most, with an overall priority focus on tackling inactivity.

**Sport England - Thriving Communities (programme started pre-April 2024)**

Through the Thriving Communities Fund we are working to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project aims to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by Covid-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

**Sport England - National Safeguarding Network (programme started pre-April 2024)**

Funding provided by Sport England to appoint two Sport Welfare Officers as part of the national network being created across England in response to the Whyte Review. The Welfare Officers will support National Governing Bodies of Sport and local sports clubs and delivery organisations, promoting good practice and safe sport at a local level, and helping to create safer environments for participants.

**Sport England - Football Multi-Sport Activation Fund**

This funding is provided by Sport England and aims to help activate eligible local facilities, providing support to help local groups to access new and improved facilities. The fund aims to increase physical activity levels and has a particular focus on culturally diverse communities, those from lower socio-economic groups, women and girls, and those with a disability or long-term health condition.

**Sport England - This Girl Can Newcastle**

Funding provided by Sport England to deliver a revamped This Girl Can Newcastle programme, supporting women and girls facing barriers to being physically active across the city. The work involves helping to create a network of VCSE organisations and volunteers who can empower women and girls to access physical activity opportunities, and upskilling professionals and operators to be advocates for physical activity.



## RISE NORTH EAST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 18. MOVEMENT IN FUNDS - continued

##### **Sport England - Place Expansion Gateshead & South Tyneside**

This is part of Sport England's significant national investment into place-based work, focusing upon the places that have the greatest need. The funding will enable us to work with key local partners in Gateshead and South Tyneside to develop a deeper understanding of the places, their audiences, the barriers and enablers to residents being active, to better understand community needs and develop stronger relationships with key local stakeholders to increase physical activity levels.

##### **Active Partnership Network DfE - Opening School Facilities (OSF) Capacity Funding (programme started pre-April 2024)**

Awarded by the Department for Education via the Active Partnership Network for us to assist with the delivery of the £57m national OSF programme. The project aims to support schools to open up their sports facilities outside of the school day, to both school and community users, in order to create sustainable change in increased physical activity levels in communities where they are needed most. The programme is targeted towards helping to encourage and enable more women and girls, people from disadvantaged and culturally diverse communities, and children with special educational needs and disabilities to become more active.

##### **British Olympic Foundation**

This funding is provided by the British Olympic Foundation to run the 'Path to Paris' programme, which aims to inspire and influence schools, families and local communities to get moving by virtually travelling to Paris (linked to the Paris 2024 Olympic and Paralympic Games).

##### **Youth Sport Trust - Education Alliance**

Funding provided from the Youth Sport Trust for us to plan, organise and deliver a Secondary School PE Conference in partnership with the Tyne & Wear and Northumberland Education Alliance.

##### **North East & North Cumbria Integrated Care Board (NENC ICB) Core 20 Plus 5**

This project builds on a previous pilot and aims to address concerns around school readiness. The project involves providing equipment and training to schools, nurseries and wider organisations that serve high proportions of disadvantaged 0-5 year olds so that the practitioners can increase physical activity levels, address health inequalities and improve early development and school readiness.

##### **Cumbria, Northumberland and Tyne & Wear NHS Foundation Trust (Underspend) (programme started pre-April 2024)**

Funding provided to make improvements to the health and wellbeing of staff in the ICS workforce. The programme aims to provide physical and mental health benefits to people and address wider health inequalities.

##### **North East Combined Authority (NECA)**

Funding provided by NECA to support their aspirations focused on reducing and preventing child poverty. The project we have been funded for focuses on providing early intervention for vulnerable children aged 2-11 years old to improve physical and mental wellbeing, in addition to seeking to change school culture to embrace physical activity, play, movement and wider emotional health and wellbeing. It includes bespoke school visits, the development of bespoke action plans to facilitate change, Step Outdoors sessions for parents and carers, and training and resources for practitioners to support them to embed physical movement in the early years for child development.



**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**18. MOVEMENT IN FUNDS - continued**

**South Tyneside Council - UKSPF (programme started pre-April 2024)**

Funding provided by South Tyneside Council through the UK Shared Prosperity programme for a specific project focused on supporting women into employment, particularly targeting young women with caring responsibilities and those living with poor mental health. The project is being delivered in partnership with local charity Women's Health in South Tyneside (WHiST), public health and some other local partners and will focus upon improving physical and mental wellbeing, as well as developing life skills.

**North Tyneside Council - UKSPF**

Funding provided by North Tyneside Council through the UK Shared Prosperity programme to deliver a project co-designed with families which supports their and their children's needs. The project involves the delivery of physical activities to develop motor skills, encourage social interactions, improve physical and mental health, as well as connecting children with their local environment.

**Sunderland City Council - Active Start (Underspend) (programme started pre-April 2024)**

Funding provided to us to facilitate a training offer to early years practitioners in Sunderland. The training will focus on Active Start physical literacy and aims to increase the physical activity levels of children aged 0-5 years old.

**County Durham Sport - Infrastructure & Environment (programme started pre-April 2024)**

Funding provided by County Durham Sport (the active partnership for County Durham) to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across the full LA7 area.

**Coach Core (programme started pre-April 2024)**

Funded by the charity Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. We are responsible for managing and overseeing the programme locally across Northumberland and Tyne & Wear, which will enhance the local coaching offer and provide the apprentices with valuable training and experiences.

**Lawn Tennis Association - Disability Tennis Network (Underspend) (programme started pre-April 2024)**

This funding from the Lawn Tennis Association is focused on providing more tennis opportunities for people with disabilities.

**Northumbria Police & Crime Commissioner (programme started pre-April 2024)**

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

**Awards for All - Berwick-upon-Tweed (Underspend)**

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

**Sir James Knott - Berwick-upon-Tweed (programme started pre-April 2024)**

Funding to support the employment of our Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.



NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

**Bernicia - Berwick-upon-Tweed (programme started pre-April 2024)**

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

**Hospital of God - Berwick-upon-Tweed (programme started pre-April 2024)**

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

**Hadrian Trust**

This funding provided by the Hadrian Trust is to support our project in Berwick-upon-Tweed which focuses on improving the wellbeing of vulnerable young people in the town.

**Community Foundation - Berwick-upon-Tweed (Underspend) (programme started pre-April 2024)**

A grant to support the mental health and wellbeing of vulnerable young people in and around Berwick-upon-Tweed. The funding will help to employ a Community Development Worker linked to the increasing demand for our support services in the town and the widening of our offer to young people.

**Community Foundation - South Shields (Underspend) (programme started pre-April 2024)**

Funding to run an Active Ageing project in South Shields to support older people to increase their physical activity levels, mobility and wellbeing, whilst also aiming to reduce isolation.

**Community Foundation - Waiting Well**

Funding to run an Every Move Matters health and wellbeing programme in Newcastle, Gateshead and South Tyneside for people referred from the NHS Waiting Well Preparing Well Programme.

**London North Eastern Railway (LNER)**

Funding provided by LNER to run a programme focused on interventions and activities to improve the physical and mental health of young people in Berwick-upon-Tweed, including raising their aspirations, building life skills and improving employability support.

**R W Mann Trust**

Funding provided to support our Step Outdoors project in North Tyneside, a project which aims to improve the health and wellbeing of disadvantaged young children and their families by increasing activity levels outdoors.

**Alpkit Foundation**

This funding from the Alpkit Foundation is to support our Step Outdoors project, which engages children and families from deprived areas in an outdoor learning programme to build confidence, independence and physical and mental wellbeing.



## RISE NORTH EAST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 19. RELATED PARTY DISCLOSURES

##### **John Spence Community High School**

One of the trustees is a teacher at the school. During the year the charity incurred expenditure totalling £10,000 with the school. At the balance sheet date the amount due to John Spence Community High School was £nil (2024 - £2,420).

##### **Active Families North East / Active Families Training Academy**

One of the employees is married to the owner/director of Active Families North East and Active Families Training Academy. During the year the charity incurred expenditure totalling £47,944 with these organisations. At the balance sheet date the amount due was £nil (2023 - £nil).

#### 20. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
<b>Net expenditure for the reporting period (as per the Statement of Financial Activities)</b>	(8,888)	(147,807)
<b>Adjustments for:</b>		
Depreciation charges	5,454	4,827
Loss on disposal of fixed assets	557	2,097
Interest received	(27,770)	(28,735)
Decrease/(increase) in debtors	13,244	(5,789)
Increase/(decrease) in creditors	<u>61,501</u>	<u>(2,249)</u>
<b>Net cash provided by/(used in) operations</b>	<u>44,098</u>	<u>(177,656)</u>

#### 21. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
<b>Net cash</b>			
Cash at bank	<u>1,059,927</u>	<u>62,716</u>	<u>1,122,643</u>
	<u>1,059,927</u>	<u>62,716</u>	<u>1,122,643</u>
<b>Total</b>	<u>1,059,927</u>	<u>62,716</u>	<u>1,122,643</u>



## **RISE NORTH EAST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025**

#### **22. LEGAL STATUS**

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The company's registered number and registered office address can be found within Reference and Administrative Details.



